



March St. Gabriel Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Choose one option 5 A. Toasty Cheese Sandwich w/ Tomato Soup B. Bagel Fun Lunch Savory Green Beans	Choose one option 6 A. Beef Nachos B. Turkey Cobb Salad Seasoned Black Beans	Choose one option 7 A. General Tso's Chicken w/ Lucky Fried Rice B. Turkey & Cheese Hoagie Fun Lunch Sesame Green Beans	Choose one option 8 A. BBQ Rib Q B. Nacho Fun Lunch Steamed Broccoli and Mac & Cheese	Choose one option 9 A. Cheese Pizza B. Peach Parfait w/ Granola Sesame Green Beans
Choose one option 12 A. French Toast Sticks w/ Sausage Patty B. Ham & Cheese Hoagie Fun Lunch Baked Potato Wedges & Blueberry Crisp	Choose one option 13 A. Soft Beef Tacos w/ Lettuce and Cheese B. Turkey & Cheese Wrap Seasoned Refried Beans	Choose one option 14 A. Spaghetti and Meatballs w/ Garlic Bread B. Nachos Fun Lunch Savory Green Beans- Bag of Chips	Choose one option 15 A. Breaded Chicken Drumstick w/ Dinner Roll B. Chicken Caesar Salad Wrap Mashed Potatoes w/ Gravy	Choose one option 16 A. Bosco Sticks w/ Marinara Sauce B. Pineapple Parfait w/ Granola Savory Green Beans-Green Rice Krispie Treat
Choose one option 19 A. Salisbury Steak w/ WG Dinner Roll B. Bagel Fun Lunch Mashed Potatoes w/ Gravy	Choose one option 20 A. Walking Tacos w/ Taco Sauce, Lettuce and Cheese B. Chef Salad Refried Beans w/ Cheese	Choose one option 21 A. General Tso's Chicken w/ Lucky Fried Rice B. Turkey & Cheese Hoagie Fun Lunch Sesame Green Beans- Bag of Chips	Choose one option 22 A. Beef Ravioli Bake w/ Cheese - Garlic Bread B. Nacho Fun Lunch Seasoned Broccoli	Choose one option 23 A. Classic Cheese Pizza B. Blueberry Parfait w/ Granola Sesame Green Beans- Bag of Chips
Choose one option 26	Choose one option 27	Choose one option 28	Choose one option 29	Choose one option 30
Every Meal comes with a choice of 1% White Milk or Fat Free Chocolate Milk				

This institution is an equal opportunity provider.

EXTRA EXTRA BAR

Broccoli Ranch Salad w/Carrots	Sweet Corn Salad w/Ranch Dressing	Colorful Tossed Salad	Asian Pinto Bean Salad	Citrusy Cucumber Salad
Fresh Cherry Tomatoes	Sliced Cucumbers	Fresh Celery Sticks	Fresh Baby Carrots	Fresh Cauliflower Florets
Fresh Golden Delicious Apple	Pineapple Cubes	Fresh Orange Wedges	Honeydew Cubes	Fresh Banana
Chilled Peaches	Chilled Mandarin Oranges	Chilled Pears	Rosy Applesauce	Mixed Fruit Cocktail
Fresh Cherry Tomatoes	Marinated Cool Cucumbers	Mexican Pinto Bean & Cilantro Salad	Confetti Coleslaw	Kale Slaw w/ Jicama
Fresh Broccoli Florets	Fresh Carrots	Red and Green Bell Peppers	Fresh Celery Sticks	Fresh Cauliflower Florets
Apple Salad w/ Yogurt Dressing	Fresh Grapefruit	Fresh Red Seedless Grapes	Spicy Peach Salad	Rosy Applesauce
Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit
Fresh Broccoli Florets	Mixed Greens Salad	Broccoli Ranch Salad w/Carrots	Hearty Spinach & Vegetable Salad	Mexican Pinto Bean & Cilantro Salad
Fresh Baby Carrots	Sliced Cucumbers	Fresh Celery Sticks	Fresh Cauliflower Florets	Fresh Cherry Tomatoes
Strawberry Apricot Fruit	Mandarin Oranges	Fresh Orange Wedges	Mixed Fruit Cocktail	Rosy Applesauce
Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit
Marinated Tomato & Cucumber Salad	Kale Slaw w/Jicama	Pea Salad	Lettuce & Spinach Salad	Homestyle Potato Salad
Fresh Broccoli Florets	Fresh Celery	Fresh Cauliflower	Red and Green Bell Pepper Strips	Fresh Carrots
Chilled Peaches	Rosy Applesauce	Fresh Grapefruit	Mixed Fruit Cocktail	Banana w/ Cinnamon & Sugar
Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit