



## February St. Gabriel Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Choose one option 5</b> A. Toasty Cheese Sandwich w/ Tomato Soup B. Muffin & Goldfish Fun Lunch Savory Green Beans	<b>Choose one option 6</b> A. Beef Nachos B. Turkey Cobb Salad Seasoned Black Beans	<b>Choose one option 7</b> A. Pepperoni Pizza B. Peach Parfait w/ Granola Baked Oven Fries	<b>Choose one option 8</b> A. BBQ Rib Q B. Nacho Fun Lunch Steamed Broccoli & Mac & Cheese	<b>Choose one option 9</b> A. Mashed Potato and Chicken Bowl B. Turkey & Cheese Wrap Seasoned Corn
<b>Choose one option 12</b> A. French Toast Sticks w/ Sausage Patty B. Cereal Fun Lunch Baked Potato Wedges	<b>Choose one option 13</b> A. Soft Beef Tacos w/ lettuce and cheese B. Turkey & Cheese Wrap Seasoned Refried Beans	<b>Choose one option 14</b> A. Cheese Pizza B. Pineapple Parfait w/ Granola Seasoned Corn	<b>Choose one option 15</b> A. Breaded Chicken Drumstick w/ Dinner Roll B. Chicken Caesar Salad Wrap Cinnamon Glazed Carrots & Fresh Broccoli Florets	<b>Choose one option 16</b> A. Fish Sticks w/ Dinner Roll B. Muffin & Goldfish Fun Lunch Roasted Green Beans
<b>Choose one option 19</b> A. Crispy Chicken Tenders w/ WG Dinner Roll B. Bagel Fun Lunch Steamed Broccoli	<b>Choose one option 20</b> A. Beef Hot Dog on a Whole Grain Bun B. Chef Salad Baked Fries/Baked Beans	<b>Choose one option 21</b> A. Cheese Pizza B. Blueberry Parfait w/ Granola Roasted Carrot Fries	<b>Choose one option 22</b> A. Mini Turkey Corn Dogs B. Nacho Fun Lunch Seasoned Corn	<b>Choose one option 23</b> A. Macaroni & Cheese w/ Dinner Roll B. Mixed Greens Salad w/ Cheese Sesame Green Beans
<b>Choose one option 26</b> A. Chicken Patty on a WG Bun B. Nachos Fun Lunch Fresh Cinnamon Glazed Carrots	<b>Choose one option 27</b> A. Pepperoni Pizza Pasta Bake B. Turkey & Cheese Wrap Steamed Golden Corn	<b>Choose one option 28</b> A. Cheese Pizza B. Ham & Swiss Pretzel Roll Sandwich Savory Green Beans	<b>Choose one option 1</b> A. Sweet & Sour Chicken w/ Lucky Fried Rice B. Chicken Caesar Salad Wrap Seasoned Peas & Carrots	<b>Choose one option 2</b> A. Cheese Quesadilla w/ Salsa B. Apple Cinnamon Muffin Fun Lunch Home Fried Potatoes
<b>Choose one option 5</b> A. Toasty Cheese Sandwich w/ Tomato Soup B. Muffin & Goldfish Fun Lunch Savory Green Beans	<b>Choose one option 6</b> A. Beef Nachos B. Turkey Cobb Salad Seasoned Black Beans	<b>Choose one option 7</b> A. Cheese Pizza B. Peach Parfait w/ Granola Baked Oven Fries	<b>Choose one option 8</b> A. BBQ Rib Q B. Nacho Fun Lunch Steamed Broccoli & Mac & Cheese	<b>Choose one option 9</b> A. Fish Sandwich w/ Cheese B. Mixed Greens Salad w/ Cheese Seasoned Corn

**Peanut Butter & Jelly offered Daily**

**Every Meal comes with a choice of 1% White Milk or Fat Free Chocolate Milk**

***This institution is an equal opportunity provider.***

# EXTRA EXTRA BAR

Broccoli Ranch Salad w/Carrots	Sweet Corn Salad w/Ranch Dressing	Colorful Tossed Salad	Asian Pinto Bean Salad	Citrusy Cucumber Salad
Fresh Cherry Tomatoes	Sliced Cucumbers	Fresh Celery Sticks	Fresh Baby Carrots	Fresh Cauliflower Florets
Fresh Golden Delicious Apple	Pineapple Cubes	Fresh Orange Wedges	Honeydew Cubes	Fresh Banana
Chilled Peaches	Chilled Mandarin Oranges	Chilled Pears	Rosy Applesauce	Mixed Fruit Cocktail
Fresh Cherry Tomatoes	Marinated Cool Cucumbers	Mexican Pinto Bean & Cilantro Salad	Confetti Coleslaw	Kale Slaw w/ Jicama
Fresh Broccoli Florets	Fresh Carrots	Red and Green Bell Peppers	Fresh Celery Sticks	Fresh Cauliflower Florets
Apple Salad w/ Yogurt Dressing	Fresh Grapefruit	Fresh Red Seedless Grapes	Spicy Peach Salad	Rosy Applesauce
Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit
	Mixed Greens Salad	Broccoli Ranch Salad w/Carrots	Hearty Spinach & Vegetable Salad	Mexican Pinto Bean & Cilantro Salad
	Sliced Cucumbers	Fresh Celery Sticks	Fresh Cauliflower Florets	Fresh Cherry Tomatoes
	Mandarin Oranges	Fresh Orange Wedges	Mixed Fruit Cocktail	Rosy Applesauce
	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit
Marinated Tomato & Cucumber Salad	Kale Slaw w/Jicama	Pea Salad	Lettuce & Spinach Salad	Homestyle Potato Salad
Fresh Broccoli Florets	Fresh Celery	Fresh Cauliflower	Red and Green Bell Pepper Strips	Fresh Carrots
Chilled Peaches	Rosy Applesauce	Fresh Grapefruit	Mixed Fruit Cocktail	Banana w/ Cinnamon & Sugar
Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit
Broccoli Ranch Salad w/Carrots	Sweet Corn Salad w/Ranch Dressing	Colorful Tossed Salad	Asian Pinto Bean Salad	Citrusy Cucumber Salad
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