



January St. Gabriel Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Choose one option 1	Choose one option 2	Choose one option 3	Choose one option 4	Choose one option 5
<p style="text-align: center;">Choose one option 8</p> <p>A. Toasty Cheese Sandwich w/ Tomato Soup</p> <p>B. Muffin & Goldfish Fun Lunch</p> <p style="text-align: center;">Savory Green Beans</p>	<p style="text-align: center;">Choose one option 9</p> <p>A. Beef Nachos</p> <p>B. Turkey Cobb Salad</p> <p style="text-align: center;">Seasoned Black Beans</p>	<p style="text-align: center;">Choose one option 10</p> <p>A. Pepperoni Pizza</p> <p>B. Peach Parfait w/ Granola</p> <p style="text-align: center;">Baked Oven Fries</p>	<p style="text-align: center;">Choose one option 11</p> <p>A. BBQ Rib Q</p> <p>B. Nacho Fun Lunch</p> <p style="text-align: center;">Steamed Broccoli & Mac & Cheese</p>	<p style="text-align: center;">Choose one option 12</p> <p>A. Mashed Potato and Chicken Bowl</p> <p>B. Turkey & Cheese Wrap</p> <p style="text-align: center;">Seasoned Corn</p>
<p style="text-align: center;">Choose one option 15</p> <p>A. French Toast Sticks w/ Sausage Patty</p> <p>B. Cereal Fun Lunch</p> <p style="text-align: center;">Baked Potato Wedges</p>	<p style="text-align: center;">Choose one option 16</p> <p>A. Soft Beef Tacos w/ lettuce and cheese</p> <p>B. Turkey & Cheese Wrap</p> <p style="text-align: center;">Seasoned Refried Beans</p>	<p style="text-align: center;">Choose one option 17</p> <p>A. Cheese Pizza</p> <p>B. Pineapple Parfait w/ Granola</p> <p style="text-align: center;">Seasoned Corn</p>	<p style="text-align: center;">Choose one option 18</p> <p>A. Breaded Chicken Drumstick w/ Dinner Roll</p> <p>B. Chicken Caesar Salad Wrap</p> <p style="text-align: center;">Cinnamon Glazed Carrots & Fresh Broccoli Florets</p>	<p style="text-align: center;">Choose one option 19</p> <p>A. Italian Meatball Sub</p> <p>B. Muffin & Goldfish Fun Lunch</p> <p style="text-align: center;">Roasted Green Beans</p>
<p style="text-align: center;">Choose one option 22</p> <p>A. Crispy Chicken Tenders w/ WG Dinner Roll</p> <p>B. Bagel Fun Lunch</p> <p style="text-align: center;">Steamed Broccoli</p>	<p style="text-align: center;">Choose one option 23</p> <p>A. Beef Hot Dog on a Whole Grain Bun</p> <p>B. Chef Salad</p> <p style="text-align: center;">Baked Fries/Baked Beans</p>	<p style="text-align: center;">Choose one option 24</p> <p>A. Classic Pepperoni Pizza</p> <p>B. Blueberry Parfait w/ Granola</p> <p style="text-align: center;">Roasted Carrot Fries</p>	<p style="text-align: center;">Choose one option 25</p> <p>A. Mini Turkey Corn Dogs</p> <p>B. Nacho Fun Lunch</p> <p style="text-align: center;">Seasoned Corn</p>	<p style="text-align: center;">Choose one option 26</p> <p>A. General Tso's Chicken w/ Lucky Fried Rice</p> <p>B. Turkey & Cheese Wrap</p> <p style="text-align: center;">Sesame Green Beans</p>
<p style="text-align: center;">Choose one option 29</p> <p>A. Chicken Patty on a WG Bun</p> <p>B. Nachos Fun Lunch</p> <p style="text-align: center;">Fresh Cinnamon Glazed Carrots</p>	<p style="text-align: center;">Choose one option 30</p> <p>A. Pepperoni Pizza Pasta Bake</p> <p>B. Turkey & Cheese Wrap</p> <p style="text-align: center;">Steamed Golden Corn</p>	<p style="text-align: center;">Choose one option 31</p> <p>A. Classic Pepperoni Pizza</p> <p>B. Ham & Swiss Pretzel Roll Sandwich</p> <p style="text-align: center;">Savory Green Beans</p>	<p style="text-align: center;">Choose one option 1</p> <p>A. Sweet & Sour Chicken w/ Lucky Fried Rice</p> <p>B. Chicken Caesar Salad Wrap</p> <p style="text-align: center;">Seasoned Peas & Carrots</p>	<p style="text-align: center;">Choose one option 2</p> <p>A. WG Pancakes & Syrup w/ Turkey Sausage Links</p> <p>B. Apple Cinnamon Muffin Fun Lunch</p> <p style="text-align: center;">Home Fried Potatoes</p>
<p>Peanut Butter & Jelly offered Daily</p>				
<p>Every Meal comes with a choice of 1% White Milk or Fat Free Chocolate Milk</p>				
<p><i>This institution is an equal opportunity provider.</i></p>				

EXTRA EXTRA BAR

Fresh Cherry Tomatoes	Marinated Cool Cucumbers	Mexican Pinto Bean & Cilantro Salad	Confetti Coleslaw	Kale Slaw w/ Jicama
Fresh Broccoli Florets	Fresh Carrots	Red and Green Bell Peppers	Fresh Celery Sticks	Fresh Cauliflower Florets
Apple Salad w/ Yogurt Dressing	Fresh Grapefruit	Fresh Red Seedless Grapes	Spicy Peach Salad	Rosy Applesauce
Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit
Fresh Broccoli Florets	Mixed Greens Salad	Broccoli Ranch Salad w/Carrots	Hearty Spinach & Vegetable Salad	Mexican Pinto Bean & Cilantro Salad
Fresh Baby Carrots	Sliced Cucumbers	Fresh Celery Sticks	Fresh Cauliflower Florets	Fresh Cherry Tomatoes
Strawberry Apricot Fruit	Mandarin Oranges	Fresh Orange Wedges	Mixed Fruit Cocktail	Rosy Applesauce
Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit
Marinated Tomato & Cucumber Salad	Kale Slaw w/Jicama	Pea Salad	Lettuce & Spinach Salad	Homestyle Potato Salad
Fresh Broccoli Florets	Fresh Celery	Fresh Cauliflower	Red and Green Bell Pepper Strips	Fresh Carrots
Chilled Peaches	Rosy Applesauce	Fresh Grapefruit	Mixed Fruit Cocktail	Banana w/ Cinnamon & Sugar
Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit
Broccoli Ranch Salad w/Carrots	Sweet Corn Salad w/Ranch Dressing	Colorful Tossed Salad	Asian Pinto Bean Salad	Citrusy Cucumber Salad
Fresh Cherry Tomatoes	Sliced Cucumbers	Fresh Celery Sticks	Fresh Baby Carrots	Fresh Cauliflower Florets
Fresh Golden Delicious Apple	Pineapple Cubes	Fresh Orange Wedges	Honeydew Cubes	Fresh Banana
Chilled Peaches	Chilled Mandarin Oranges	Chilled Pears	Rosy Applesauce	Mixed Fruit Cocktail