



August St. Gabriel Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
Summer Vacation!!				
7	8	9	10	11
No School!	No School!	Choose one option A. Classic Cheese Pizza B. Berry Parfait w/Granola Seasoned Corn	Choose one option A. Macaroni & Cheese B. Turkey Ham & Turkey Chef Salad Classic Baked Beans Fresh Broccoli Florets	Choose one option A. Whole Grain French Toast Sticks & Syrup w/Turkey Sausage Patties B. Muffin & Goldfish Fun Lunch Roasted Green Beans
14	15	16	17	18
Choose one option A. Toasted Grilled Cheese w/Tomato Soup B. Bagel Fun Lunch Balsamic Roasted Summer Squash	Choose one option A. Beef Macho Nachos w/Cilantro Lime Red Quinoa Rice, Shredded Romaine Lettuce and Fresh Diced Tomatoes B. Cobb Salad w/Turkey Mexican Style Refried Beans	Choose one option A. Classic Pepperoni Pizza B. Cereal Fun Lunch Fresh Broccoli Florets	Choose one option A. Mini Turkey Corn Dogs B. Chicken BLT Salad Herb Roasted Potatoes	Choose one option A. Mashed Potato & Chicken Bowl B. Turkey & Cheese Wrap Fresh Cinnamon Glazed Carrots Seasoned Corn
21	22	23	24	25
Choose one option A. Crispy Chicken Patty Sandwich B. Nachos Fun Lunch Fresh Cinnamon Glazed Carrots Seasoned Broccoli Florets	Choose one option A. Pepperoni Pizza Pasta Bake B. Turkey & Cheese Wrap Steamed Golden Corn	Choose one option A. Classic Pepperoni Pizza B. Ham & Swiss Pretzel Roll Sandwich Savory Green Beans	Choose one option A. Sweet & Sour Chicken w/Lucky Fried Red Rice B. Chicken Caesar Salad Wrap Seasoned Peas & Carrots	Choose one option A. Whole Grain Pancakes & Syrup w/Turkey Sausage Links & Scrambled Eggs B. Apple Cinnamon Muffin Fun Lunch Home Fried Potatoes Warm Baked Apple Slices
28	29	30	31	1
Choose one option A. Chicken Parmesan w/Whole Grain Spaghetti B. Pizza Bagel Fun Lunch Seasoned Peas	Choose one option A. Beef Hot Dog on Whole Wheat B. Pineapple Parfait with Granola Baked Crinkle Fries Boston Baked Beans	Choose one option A. Classic Pepperoni Pizza B. Garden Salad & Breadsticks Fun Lunch Steamed Golden Corn	Choose one option A. Crispy Chicken Breast Tenders B. Chicken Ranch Wrap Roasted Carrot "Fries" Seasoned Broccoli Florets	Choose one option A. Classic American Cheeseburger B. Turkey Ham & Turkey Chef Salad Sweet Potato Fries

Peanut Butter & Jelly offered Daily

Every Meal comes with a choice of 1% White Milk or Fat Free Chocolate Milk

This institution is an equal opportunity provider.

EXTRA EXTRA BAR

Summer Vacation!!

NO SCHOOL!	NO SCHOOL!	Broccoli Ranch Salad w/Carrots Fresh Baby Carrots Fresh Fruit Salad Chilled Pears	Sweet Corn & Pepper Salad Fresh Cherry Tomatoes Fresh Banana Rosy Applesauce	Fresh Vegetable Crudité Cup Chopped Romaine Lettuce Fresh Red Seedless Grapes Mixed Fruit Cocktail
Cream Carrot & Raisin Salad Fresh Broccoli Florets Fresh Pear Chilled Peaches	Marinated Cool Cucumbers Fresh Baby Carrots Apple Salad w/Yogurt Dressing Mandarin Orange & Pineapple	Asian Pinto Bean Salad Fresh Celery Sticks Fresh Banana Chilled Pears	Confetti Coleslaw Fresh Cherry Tomatoes Watermelon Cubes Chilled Cinnamon Applesauce	Lettuce & Tomato Side Salad Fresh Cauliflower Florets Frozen Strawberries Mixed Fruit Cocktail
Broccoli Ranch Salad w/Carrots Fresh Cherry Tomatoes Fresh Golden Delicious Apple Chilled Peaches	Sweet Corn Salad w/Ranch Dressing Sliced Cucumbers Pineapple Cubes Chilled Mandarin Oranges	Colorful Tossed Salad Fresh Celery Sticks Fresh Orange Wedges Chilled Pears	Asian Pinto Bean Salad Fresh Baby Carrots Honeydew Cubes Rosy Applesauce	Citrusy Cucumber Salad Fresh Cauliflower Florets Fresh Banana Mixed Fruit Cocktail
Fresh Baby Carrots Fresh Broccoli Florets Dried Cranberries Chilled Pears	Cilantro Lime Coleslaw Fresh Celery Sticks Blueberries Fruit Punch	Pea Salad Red & Green Bell Pepper Strips Fresh Pear Chilled Pears	Marinated Tomato & Cucumber Salad Fresh Cherry Tomatoes Banana w/Cinnamon & Sugar Cinnamon Apple Slices	Lettuce & Spinach Salad Fresh Cauliflower Florets Fresh Granny Smith Apple Mixed Fruit Cocktail